



8TH INTERNATIONAL CONGRESS OF BEHAVIOURAL OPTOMETRY

Speaker: Joseph Thiel
Credentials: BOAF
Time/Date Scheduled: 1330 – 1500 on Sunday, 29th April
Location: Plenary

Presentation Title: **Using Video To Enhance Clinical Outcomes**

Abstract: The presentation will demonstrate how and why I use video recordings of my patients to help provide better care. Video recordings are an integral part of how my examination and therapy programs work, and I believe help me gain better insights into how my patients are using their vision.

In the day-to-day work of an optometrist, the initial examination and follow-ups are important tools to give the patient adequate feedback about his visual problems. As I visited many optometrists in the US and Europe, I noticed that every colleague had his own manual way to record their findings, but few made use of video recordings.

Questions I will answer include:

- Why is video recording important?
- Why are some additional assessments necessary?
- How can the optometrist benefit using video?
- Does it make my evaluation and vision therapy better?

I typically recording the following when testing:

- Pursuits
- Saccades
- NPC
- Cover Test
- Van Orden Stars
- Pupil responses

In VT, I record and playback for the patient, activities, which demonstrate posture and body awareness. This helps the patient become aware and make change and the vision therapist can reply prior performances at any time.

Repeated viewing of the videos shows that new insights emerge. The body of recordings add to greater reliability in the assessments, and they give the optometrist an enormously solid comparison to show from both before and after vision therapy.